

## HAND WASHING

### INSTRUCTIONS

Before the huddle, print out the hand washing poster and post them at the sinks around your site.

Start the safety huddle by watching the Eden Gardens hand washing training video. Then, use the guiding questions to facilitate a discussion about hand washing.

Video & poster available at: [www.safecarebc.ca/safetyhuddles](http://www.safecarebc.ca/safetyhuddles)

### AFTER THIS HUDDLE

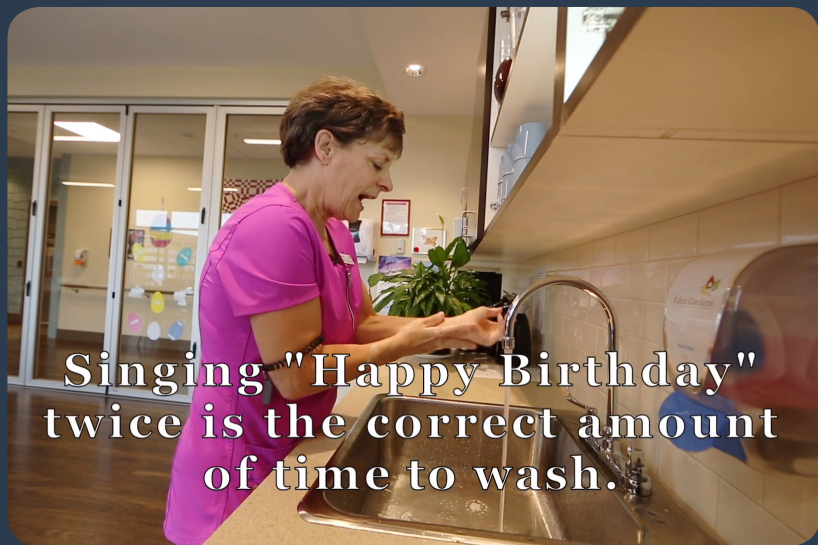
Staff should be able to:

- Follow proper handwashing procedures.

### NOTES TO THE HUDDLE LEADER

- Consider adding an activity to this huddle, where everyone physically participates in a simulation of washing their hands for the time it takes to sing Happy Birthday twice.

## HAND WASHING



Singing "Happy Birthday"  
twice is the correct amount  
of time to wash.

### GUIDING QUESTIONS

- Why is it important to wash your hands in the setting that we work in?
- How do you properly wash your hands? When should you wash your hands?
- Are there any barriers that prevent you from washing your hands properly at work? If so, how can they be addressed?