

UNDERSTANDING BEHAVIOURS RELATED TO DEMENTIA

INSTRUCTIONS

Before the huddle, print a copy of Shifting Focus: Guide to Understanding Dementia Behaviour.

During the huddle, review some of the strategies for dealing with responsive behaviours in the booklet with staff and then ask them to share their experiences with people in care who have dementia. Using the guiding questions, encourage staff to reflect on the experiences they have shared.

Handout available at: www.safecarebc.ca/safetyhuddles

AFTER THIS HUDDLE

Staff should be able to:

- Understand how dementia affects behaviour.
- Be able to apply strategies to responsive behaviours.

NOTES TO THE HUDDLE LEADER

- Leave the booklet in a place that staff can look at it outside of the huddle. It contains a lot of relevant information and useful tips. Make sure to tell staff where you will be leaving it, so they can find it.

“ If I could put a stop to this behaviour - I would.”

~ Art Garrison, Person living with dementia

GUIDING QUESTIONS

- What kinds of non-verbal language are effective when trying to put a person in care at ease?
- If a person in care becomes upset while you are providing care, what should you do? Why?