

## THE CONTINUING CARE SECTOR

### INSTRUCTIONS

Arrange to have this huddle in a space where you can show staff the SafeCare BC - Be Care Aware Challenge video.

After watching the video, use the guiding questions to facilitate a discussion about workplace safety in your organization.

Video available at: [www.safecarebc.ca/safetyhuddles](http://www.safecarebc.ca/safetyhuddles)

### AFTER THIS HUDDLE

Staff should be able to:

- Feel in control of their own safety
- Be motivated to contribute to a safe and health workplace.

### NOTES TO THE HUDDLE LEADER

- Staff can influence change to the injury rate in the continuing care sector by contributing to a safer work environment and putting their own safety first.
- If staff are having a hard time coming up with ideas for how they personally stay safe at work, try suggesting some specific scenarios to focus their thinking (e.g. How do you stay safe when transferring someone?).



### GUIDING QUESTIONS

- Why are health care assistants at a higher risk of injury than people with other careers?
- What do we do well as a group to create a safe workplace? In what areas can we do better?
- What do you do to stay safe at work?
- What resources would be helpful in creating a healthier and safer workplace?