Stay sharp during the flu season.
Get a flu shot.

The flu vaccine greatly reduces the chance of illness for you and those around you. With COVID-19 still present in our communities, it's even more important this year to get the flu shot, so flu illness doesn't compete with COVID for our health resources. Getting a flu shot is as easy as stopping in at your local pharmacy. You can even do it when you go grocery shopping.

Flu shots are free for healthcare workers and their families. Go to www.immunizebc.ca to learn more.

STOP FLU

SafeCare BC

www.safecarebc.ca