

These recommendations are for healthcare workers working in long term care homes who provide direct care (e.g. providing care within two metres of a resident or who may have direct contact with infectious body fluids of that individual). A [point-of-care-risk assessment](#) must be conducted before all resident interactions to determine if additional personal protective equipment (PPE) is required.

| Recommended PPE for healthcare workers | | | | |
|---|--|-------------------------------------|---|---------------------------------|
| <ul style="list-style-type: none"> Perform a point-of-care risk assessment before all resident interactions Access to additional PPE, such as respirators, is provided in circumstances where a healthcare worker determines there is elevated risk of COVID-19 transmission through resident interaction. Healthcare workers who wear PPE <u>must</u> be trained in and understand proper donning and doffing practices | | | | |
| Resident Type | Residents Without COVID | | Residents with COVID symptoms, with a positive COVID result, or with COVID risk factors where testing results are unknown | |
| Setting/Scenario | In clinical care area, including common areas and breakrooms | Performing any direct resident care | Performing direct resident care; no Aerosol Generating Medical Procedure (AGMP) | Performing AGMP in all settings |
| PPE Type | Recommended PPE | | | |
| Medical Mask | ✓ | ✓ | ✓ | ✗ |
| N95 Respirator* | ✗ | ✗ | ✗ | ✓ |
| Gown (disposable or reusable) | ✗ | ✗ | ✓ | ✓ |
| Gloves | ✗ | ✗ | ✓ | ✓ |
| Eye protection (disposable or reusable) | ✗ | ✗ | ✓ | ✓ |

*Healthcare worker must be fit tested if N95 Respirator is used.

Source: [BC Centre for Disease Control](#)

Additional Resources:

- [Point of Care Assessment for COVID-19](#)
- [Masks and Respirators: What's the Difference?](#)
- [N95 Respirators: Fit-testing, Resources and Suppliers](#)
- Personal Protective Equipment – [Donning](#) and [Doffing](#) Videos
- Handwashing videos ([soap and water](#) and [alcohol-based hand rub](#))