



# Alzheimer Society

BRITISH COLUMBIA

## Webinar: Understanding dementia: Tips & strategies for communicating

### Helpful links and resources

Click on the links below for more information:

#### [Building a Strong Foundation for Dementia Care guidebook](#)

This guidebook provides health-care providers with information on topics such as: [Understanding dementia](#), [Understanding communication](#), [Understanding behaviour](#) and [Understanding what families experience](#)

#### [Communication factsheet](#)

Review how dementia affects communication and strategies for adapting communication using a person-centred approach.

#### [Person-centred language](#)

Words have power! You can refer to these guidelines whenever you talk about dementia – whether you're talking about dementia itself, a person living with dementia or someone caring for a person living with dementia.

#### Webinars:

- To watch “Dementia Care during COVID-19: Understanding behaviour” (June 2020), email Jenn Lesage ([jlesage@safecarebc.ca](mailto:jlesage@safecarebc.ca)) for a copy of the recording.
- Click [here](#) to view the Alzheimer Society of B.C.'s [live and recorded webinars](#).

Visit us at [alzheimerbc.org](http://alzheimerbc.org) and follow us on social media to access the latest resources.

- Find COVID-19 resources for health-care providers at [alzbc.org/HCP-COVID](http://alzbc.org/HCP-COVID)
- Take our health-care provider survey at [alzbc.org/HCPsupport](http://alzbc.org/HCPsupport)

## First Link® Dementia Helpline

English:	1-800-936-6033	(9 a.m. to 8 p.m.)
Mandarin or Cantonese:	1-833-674-5007	(9 a.m. to 4 p.m.)
Punjabi:	1-833-674-5003	(9 a.m. to 4 p.m.)

Available Monday to Friday